

Back to School Tips: Parenting Advice on Making Time for Family Activities this School Year

From packing lunches, to carpools, to helping with homework, many parents find themselves with little family time and even less personal time. "Ten Ways to Make More Time for Your Kids", the top ten list from FamilyEducation.com, provides parenting tips and expert advice to save time during the hectic back to school season

September 19, 2006 (FPRC) -- From packing lunches, to carpools, to helping with homework, many parents find themselves with little family time and even less personal time. "Ten Ways to Make More Time for Your Kids", the top ten list from FamilyEducation.com, provides parenting tips and expert advice to save time during the hectic back to school season

Family Education is the leading online publisher of educational expertise, practical guidance, and grade specific (K-12) information for a child's learning and school experience.

The list was created by a group of Minnesota moms and dads who organized a community group, Family Life First, aimed at restructuring people's lives to create more time for interaction, recreation, and relaxation. Tips focus on a variety of methods for finding time for family fun, from the classic "turn the television off during dinner" to "make sure kids get enough sleep."

Other tips suggest that scheduling is vital for a stress-free life. Limiting parent and children activities to one at a time may at first seem troubling, especially if your children do multiple after school activities. However, having your children make difficult decisions is a great learning experience and will immediately begin to free up schedules for fun family activities.

"Following these and other parenting tips can help create a fun family environment that parents and children can enjoy together," said Jess Brallier, Publisher and General Manager, Family Education Network. "In our rapidly changing world, parents often forget the importance of interaction and conversation between family members. These tips encourage a less rushed, more relaxed family life."

About Family Education

Launched in 1996, Family Education, http://www.familyeducation.com/home/?wtIAC=maketime_pr,pr, is an online publisher of learning-based content for parents and kids. Parents turn to Family Education to find practical guidance, grade-specific information about their children's school experience, strategies to get involved with their children's learning, free email newsletters, fun online learning based games, and entertaining family activities.

About Pearson Education

Educating 100 million people worldwide, Pearson Education (www.pearsoned.com) is the global leader in educational publishing, providing scientifically research-based print and digital programs to help students of all ages learn at their own pace, in their own way. Virtually all students in America learn from a Pearson program at some point in their educational career. The company is home to such renowned publishing brands as Pearson Scott Foresman, Pearson Early Learning, Pearson

Learning Group, Pearson Digital Learning, and the Family Education Network. Pearson Education is part of Pearson (NYSE: PSO), the international media company. In addition to Pearson Education, Pearson's primary operations include the Financial Times Group and the Penguin Group.

Contact:

Rod Granger

Pearson Education

212-782-3486

rod.granger@pearsoned.com

Contact Information

For more information contact Family Education of Family Education

(http://www.familyeducation.com/home/?wtlAC=maketime_pr,pr)

617-671-2614

Keywords

[Make More Time](#)

[FamilyEducation](#)

[stress free life](#)

You can read this press release online [here](#)