

The Ramayana: The Great Epic, a Literary Classic, now on Internet Radio

The literary epic, the Ramayana, now free for everyone to hear in weekly episodes via streaming audio on internet radio.

March 31, 2007 (FPRC) --

The Ramayana, is revered by over one billion people worldwide as the most sacred of stories. The Ramayana not only has its roots as the national treasure of India and Southeast Asia, but has also emerged as one of the great classics of world literature in the West. As of Sunday, April 22nd, 2007, everyone will have the opportunity to listen to it when Yoga Spirit Radio airs it as a free, one hour internet broadcast, in weekly episodes at www.yogaspirit.com.

The Ramayana has been compared to the Bible, Romeo and Juliet and Star Wars all rolled into one. This production, newly released in a digital format, marks the first time the complete unabridged Ramayana is available in its original form--as an oral tradition--for everyone to enjoy.

Deborah Rubin, of Yoga Spirit Radio says, "We are pleased to offer the Ramayana's teachings of the ancient sages and their universal lessons on love, morality, karma and societal duties which still apply today". She also notes, "Yoga Spirit chose Sunday to issue each new episode as it is a family day when discussion about the Ramayana's important themes can occur". The producer/director, Michael Sternfeld, added, "There's an old saying that as a story is told, so it happens. My personal experience is that when listening to Rama's epic tale, life shifts to this profound level where emotions are rich, love runs deep, and truth conquers all."

The Ramayana is the epic tale of the hero Rama, who has reached spiritual enlightenment, and his divine quest to purify the world of ignorance. Along the way, Rama is united with his beloved wife Sita, encounters separation from love, and finally overcomes these challenges, transforming the world. More than just great literature, the Ramayana is a "living myth", which magically comes alive in one's awareness, inspiring deeper values in our lives.

Yoga Spirit based in Toronto, Canada, offers educational programs to the yoga community world-wide, and is honored to present the first internet broadcast of the complete Ramayana. Now the world's longest audio book, this production is a dramatic presentation in English of the unabridged Ramayana of Valmiki. Created over seven years by Michael Sternfeld and Vedic Audio Knowledge, this production was honored as the "2004 Outstanding Project of the Year" by Humanities Iowa and the National Endowment for the Humanities.

The streaming audio of each Sunday's new episode is available anytime during the week and will be archived for those who missed an episode.

Contact Information

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