

Neuromuscular Doctors Can Now Legally Increase an Athletes Strength, Agility

This is finally a feel good story in the world of sports for once. All those athletes who have put their bodies on the line to try and gain a competitive advantage through illegal means must read this release. You need not subject yourself to this any further. Also, all media tired of writing about the negative cloud that athletes constantly cheating is casting over the very world you write about in the first place, contact us for more information.

November 8, 2007 (FPRC) -- Neuromuscular Dentists Around the World Now Offering Athletes the "Legal Performance Enhancer": Pure Power Mouthguard (PPM)

Doctor's around the world are proving to athletes that they can enhance their performance. In this case, though, they are doing so with the legal steroid, not the other kind - and it is becoming a dream come true for professional and amateur athletes alike.

The founders and creators of this new technology, called the Pure Power Mouthguard (PPM), are entrepreneurs Dr. Anil Makkar and Chuck Sproule. They took a bite on the idea for the PPM over a year-and-a-half ago and now head a network of over 60 dentists throughout the United States (US), Canada, Australia and the United Kingdom (UK).

"By helping to properly align and relax muscles in the face, the PPM improves muscle recruitment and vertebrae alignment," says Dr. Makkar, the Doctor that invented the PPM, "The results of this invention are effective as it provides athletes with improved strength and balance which allows them to excel on the ice, field, court, and weight-room," he adds.

The PPM started becoming a reality when a neuromuscular orthotic was originally designed by Dr. Makkar and used for treating TMJ (Tempromandibular Joint Syndrom). Patients being treated with the orthotic also started noticing, much to their surprise, that they were experiencing a noticeable increase in upper body strength while wearing it. Dr. Makkar started documenting these unexpected results and found that they were not only showing increased strength, but improved balance and flexibility as well.

He looked into this interesting consequence and, in his research, found that a 2002 double blind study at Harvard proved that positioning the jaw in this way could increase the isometric strength of the cervical flexors and deltoids in the human body by an average of 27 percent. Seeing as what he had stumbled upon is essentially a way to legally enhance the body's performance, he began to develop a device that could accomplish a sustained form of this increase in strength for the individuals who could use it the most - athletes. With that, the PPM was born.

There are 50 players from the NFL and NBA who are already using the PPM. These players include, Seattle Seahawks linebacker Lofa Tatupu and Steve Smith, wide receiver for the Carolina Panthers, along with the entire Indiana Pacers roster. In fact, Josh Brown has increased his field goal percentage to 94.1 while using the device, an entire 14 percent over last year - he is currently the NFL's leading kicker.

Nine NHL teams have also had players fitted with the PPM during training camps. These teams include the Ottawa Senators, who are off to a tremendous start and currently stand as the NHL's top team at 11-1.

Dr. Makkar has now trained others in the PPM network to fit athletes with the device through use of the most important step of its creation - a new computer tracking technology called a Transcutaneous Electrical Nerve Simulator (TENS) machine.

“The TENS machine uses an innovative computer software which allows all dentists to discover the most comfortable and relaxed jaw positions for athletes who want to use the PPM,” says Dr. Makkar during an interview.

“We discovered that athletes are limited to their ultimate potential due to an improper physical alignment of their jaw, and varying degrees of residual muscular tension,” he says.

While the benefits that the PPM can offer athletes will differ from one user to the next, test results have shown users to experience immediate improvements in strength and agility. When compounded with a regular workout schedule, these improvements have been shown to lead to an incredible series of gains in lean muscle mass, deep muscle recruitment, balance and stamina. Perhaps the most important benefit of this new technology, however, is the immense decrease causes in an athletes risk of suffering a concussion during contact sports.

Dr. Makkar adds, “The PPM simply removes the limitations experienced by many athletes as it aligns the jaw in an ideal position in relation to the rest of the body, and allows athletes to run faster, jump higher, hit harder and lift more — all naturally without the use and dangers associated with human growth hormone.”

For media wishing to obtain more information on the subject, please visit <http://www.ppmmouthguard.com/>. All doctors are available for media interviews and visuals of the PPM are widely available.

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