

Gourmet Food and Wine Abound at Great Tastes 2008 with Celebrity Chef-Maria Liberati

A true celebration of secret recipes, gourmet cooking, Italian wines, food gifts, cookware and more at this year's Great Tastes 2008. Cooking up her secret recipes will be celebrity chef-Maria Liberati.

February 14, 2008 (FPRC) -- Celebrity Chef Maria Liberati will be a special guest at The Mid-Atlantic's Premiere Culinary Weekend; this yearly event will be held in Baltimore, Maryland at the Tremont Grand Hotel, on February 23rd. Ms. Liberati will be giving a cooking demonstration from 4:30 to 5:30 pm at The Basic Art of Italian Cooking booth and will be signing books at the Barnes and Noble booth earlier in the afternoon from 1-2 pm.

The Mid-Atlantic Premiere Culinary Weekend (<http://www.greattastesshow.com/welcome>) showcases the finest cuisine of Baltimore, a huge selection of wines and spirits from around the globe, as well as cookware, food gifts, Italian wines and beer and special presentations from world-renown culinary experts. Ms. Liberati's presentation will included cooking demonstrations from her bestselling cookbook The Basic Art of Italian Cooking, she will offer tips and techniques to her secret recipes as well as cooking with wines. She will also debut her new line of specialty spices called Saponi D' Italia that she has been developing in her Italian villa. In addition, Maria Liberati will share stories from her life in Italy, where she perfects her health-conscious style of cooking.

Maria Liberati is the bestselling author of The Basic Art of Italian Cooking, a book of recipes and heartwarming stories from her life. A former supermodel, Ms. Liberati realized her love for the Italian way of life while traveling the world in her youth and now living in Rome, Italy. She relishes in the simplistic and natural recipes of Italy, and perfected the art after returning to her homeland. Today she shares her passion for Italian food through her books, The Basic Art of Italian Cooking by Maria Liberati tm newsletter, podcasts, and website. (www.marialiberati.com) Maria Liberati has been featured in Tour and Food Italia Magazine, Celebrity Society Magazine, Cooking Light Magazine, Tastes of Italia magazine and has made numerous appearances at culinary expositions around in the United States and Italy. She is also a sought after food consultant and speaker. Her healthy cooking style and expertise on the health benefits of the Mediterranean diet had brought many corporations knocking at her door.

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