

The Handbook of Sexual Purity

New book outlines everything a young woman needs to know in staying sexually pure for God and herself

May 4, 2008 (FPRC) -- In a time where women are assaulted visually and physically with sexual innuendo and images and are pressured to "put out," what kind of role could remaining sexually pure possibly have?

A major one, it turns out.

In their book, *Sexual Purity and the Young Woman*, mother & daughter Grace LaJoy Henderson and Arica Henderson give hope to young women everywhere, encouraging them to offer their body and everything about their sexuality to God so they do not have to hurt as a result of common sexual mistakes that young women make.

Citing verse from the Scriptures, the Hendersons use parable to make their point, drawing on their own experiences as young women navigating the slippery slope of young adult sexuality.

Each chapter explores a different aspect of remaining sexually pure and includes questions for discussion about each topic.

Praise for *Sexual Purity and the Young Woman*

"... an incredible resource for every female, pre-teenager to adulthood... It is an easy read with short well-written chapters.

The bible based discussion questions promote personal reflection as well as small group interaction for home, school, churches, and camps. This book provides wisdom and guidance for young ladies passionate about purity."--LeAndra "Mrs. Angie" Daniels, sexual purity educator

About the Authors

Dr. Grace LaJoy Henderson holds a PhD in Christian counseling and a Bachelor's degree in social psychology. She has volunteered with youth as a Sunday school teacher, vacation Bible school teacher, and in many other youth leadership roles. She also has professional experience working with youth and their families as a public school administrator.

Arica Henderson holds a Bachelor's degree in interdisciplinary studies and is currently earning her Master's degree in social work. She facilitates sexual purity groups for teens and has worked with youth of all ages in both secular and Christian settings.

Basic Book Information:

Sexual Purity and the Young Woman: A Guide to Sexual Purity - A reference guide for teen and college age girls, Softcover | \$15.99, ISBN: 978-0-9814607-2-7, LCCN: 2008922305, Available

from Ingram/Spring Arbor, Baker & Taylor, and fine booksellers everywhere

Other titles available this July by Christian author Dr. Grace LaJoy Henderson include: Writer's Breakthrough: Steps To Copyright and Publish Your Own Book, Understanding Each Other: A Guide for Parents and their Children, How Can Jesus Be God?, In My Mama's House, More Than Mere Words: Poetry That Ministers, Poetic Empowerment-Spoken Word CD.

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