

## **America's Top Drug and Alcohol Rehab offers Soma Addiction Treatment**

*Dana Point, California's, SouthCoast Recovery announces the premier of their Soma Addiction Treatment Program.*

DANA POINT, CALIFORNIA, July 7, 2008 (FPRC) -- SouthCoast Recovery, Southern California's leading alcohol and drug rehab center, is proud to announce the addition of a Soma Treatment track to its 30, 60, 90-day and six month residential treatment programs.

Soma is a prescription muscle relaxant that is typically used to treat musculoskeletal pain and muscle spasms. It is generally used in conjunction with physical therapy to treat injuries and other painful musculoskeletal conditions.

Like other prescription drugs, the abuse of Soma is associated with tolerance, dependence and addiction. The signs and symptoms have no fundamental difference from those that can be found accompanying the abuse of other prescription medications with tranquilizer or sedative effects such as Valium® or Xanax® and may also include the following:

- Disobeying the prescription orders as written by the doctor. This might mean taking pills for reasons not prescribed (for sleep, for relaxation, to get high etc) or taking them more frequently than the prescription dictates, causing them to run out sooner than expected. In these events, the patient should consult his prescribing doctor
- Aggressive drug-seeking behavior like doctor-shopping, going from one doctor to another complaining of whatever malady one thinks will earn them Soma from a physician.
- Frequent periods of illness and irritability. Soma dependence and withdrawal can make a person ill for a day or two until they can find more, which restores them to seeming normalcy until they run out again.

Soma addiction can also be symptomatic of underlying issues that need to be addressed on an individual basis, such as, dual diagnoses like depression and anxiety, and at SouthCoast Recovery's state-of-the-art facilities, the finest clinical and medical physicians in California work together with skilled practitioners in advanced Eastern holistic therapies, while utilizing the most cutting edge addiction detox methods such as NTR, to help ease clients through detox and provide the most comprehensive physical, emotional and spiritual renewal of each person.

SouthCoast Recovery offers seven residential facilities, with clinical therapists, marriage & family therapists, certified drug & alcohol counselors, a medical physician, a licensed acupuncturist with a Masters in Oriental Medicine, a licensed massage therapist, sessions in primordial sound meditation, as well as, group support in the local 12-step communities, all there to help you.

At SouthCoast Recovery, we believe that recovery from addiction is about a new way of living. Effective Soma Addiction Treatment is now available during 30, 60 and 90-day residential treatment at SouthCoast Recovery. For more information, please call Tom Petersen at (866) 847-4506 or visit <http://www.southcoastrecovery.com>.

Like many of the most noteworthy companies today, SouthCoast Recovery started out of a garage in 1994 and is now one of the leading recovery centers in the nation offering advanced clinical, medical and holistic therapies in the individual treatment of drug and alcohol addiction.

SouthCoast Recovery. It's about living!

Tom Petersen  
Marketing Director  
SouthCoast Recovery  
Telephone: (866) 847-4506  
Email: [job@southcoastrecovery.com](mailto:job@southcoastrecovery.com)

**Contact Information**

For more information contact Tom Petersen of SouthCoast Recovery  
(<http://www.southcoastrecovery.com>)  
866-847-4506

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