

## **Author Signing at New Covenant Christian Bookstore Shelbyville, Tenn.**

*Author Signing by Shirley W. Mitchell - recognized as one of the Top Writers and Speakers on Aging, Seniors, Senior Lifestyle, the Baby Boomer Generation, Women's Issues and Healthy Lifestyles of Today.*

November 29, 2008 (FPRC) -- Lighthouse Coastal Literary, Lighthouse Coastal Productions and Lighthouse News Bureau in conjunction with The New Covenant Christian Book Store in Shelbyville, Tenn, is pleased to announce that Client - National Author/Writer/Syndicated Columnist/Speaker and Celebrity Radio Talk Show Host, Shirley W. Mitchell, will be doing an Author Signing Saturday, Dec. 13, 2008 from 1-4PM-CST at The New Covenant Christian Book Store 800 North Main St. Shelbyville, Tenn. The New Covenant Christian Bookstore - 'Touching Lives to Reach Hearts' - is a Full-Service Christian Bookstore and Authorized Thomas Kinkade Signature Gallery Store.

Shirley W. Mitchell, of Alabama, Known today as 'The Golden Egg of Aging™', is a Mother of Three and a Grandmother of Nine. She was writing about, and promoting, a 'Positive Aging Lifestyle' before most were even thinking about it. Her life 'Passion' and 'Mission' is to promote 'Positive Aging and Vitality in Health'. We call her 'The Original Baby Boomer Promoter' because of her tremendous insight years previous to the coming of the Baby Boomer Wave of Aging Younger.

She is the Author of 5 Books: 'The Christian Writer's Desk Diary', 'The Beauty of Being God's Woman', 'Spiritual Sparks for Busy Women', 'Fabulous after 50™' and 'Sensational after 60™', and the Co-Author of 3 books - 'Love Notes for Mom', 'Love Notes for Dad' and '101 Great Ways To Improve Your Life', A Columnist of the 'Fabulous after Fifty™' Newspaper Column in the Sand Mountain Reporter for the past 20 years, and the On-Line Syndicated Column, 'Spiritual Sparks for Baby Boomers™'. She is a Featured Contributing Columnist-Writer for Senior Lifestyle Magazine, Senior Evangelism Partnership, Passionate for Life Magazine and Just for Women Magazine. Shirley is also a member of 'The Lit Chicks' Literary Writers Critique Group of Sand Mountain Alabama. She is the Celebrity Radio Talk Show Host of the Syndicated Radio Show 'Aging Outside the Box™' on the ArtistFirst World Radio Network, and 'Aging Outside the Box™ Christian Spiritual Sparks™' Radio Show with WBXR-am1140 Greater Huntsville, AL area and KXKS-am1190 Albuquerque, NM with the Wilkins Communications Network, Inc.

### **Contact Information**

For more information contact O. E. Cruiser Small of Lighthouse Coastal Productions  
(<http://www.fabulousafter50.com>)  
256-305-3060

### **Keywords**

[Fabulous after 50](#)

[Shirley W Mitchell](#)

[Sensational after 60](#)

You can read this press release online [here](#)