

A New Book Tells You How to Supercharge Your Relationship and Find Happiness Together

A perfect relationship is possible. There is no formula and there is no magic. All you need is the ability to cut through the subterfuge and the 'code' that goes into a relationship and see things as they really are and this is where this book can really help you. The Ultimate Guide to the Perfect Relationship avoids being too prescriptive and focuses, instead, on a step-by-step practical guide which will remain with you no matter how experienced you already are or which stage your relationship is at.

January 3, 2009 (FPRC) -- The aftermath of the festive season, each year, sees a rush to divorce lawyers and marriage counsellors as couples who have had to spend Christmas together without any distractions have found it a little too much. This time the credit crunch has added its own kink in the predictable equation by pushing to the edge those more affluent couples whose eroded income has become an additional sticking point.

The Ultimate Guide to the Perfect Relationship is not an instant cure to every relationship ill you may imagine. Drawn from many real-life cases and sourcing material from hundreds of interviews of couples it contains seemingly simple, step-by-step advice which will enable you to take your relationship to the next level.

Its seemingly simple step-by-step advice is designed to help you decode the many different levels of your relationship and understand both the subtext within each situation and what you need to do in order to create a more fulfilling relationship which delivers happiness, consistently, to both partners within it.

'I have on purpose avoided being prescriptive and have, instead, created a guide which will keep on guiding even after your relationship goes off first base and onto its next phase,' explains relationship expert and author of the book, Alisa Miller. 'This book has been written for you to analyze and understand your relationship with your partner no matter at what stage it is at the moment. It doesn't matter if you have been married for 20 years or you are just moving in together, if you have kids or other commitments. This book will help you to understand how your relationship should work and it will help you to make it work no matter how things are at the moment.'

With divorce lawyers recording a boom time as the recession bites and couples possibly face the toughest test of their time together the Ultimate Guide to the Perfect Relationship may indeed make the difference your relationship needs to stop unravelling and start delivering happiness to both of you, for both of you.

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Keywords

[perfect relationship](#)

[happy relationship](#)
[happy marriage](#)

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