

Author Signing by Celebrity Radio Talk Show Host Shirley W. Mitchell

Inspirational and Motivational Book Signing by "The Golden Egg of Aging™" - Shirley W. Mitchell - for Keenagers, Baby Boomers, Seniors, and those approaching the GOLDEN 50 and Beyond. Learn "Aging Outside the Box®" to live your Second Half of Life as a Better Half of Life™.

April 8, 2009 (FPRC) -- Sardis City, AL – Carbondale, IL – Lighthouse Coastal Literary, Lighthouse Coastal Productions and Lighthouse News Bureau in conjunction with Cindy Marks of Barnes & Noble is pleased to announce that Client - National Author/Writer/Syndicated Columnist/Speaker and Celebrity Radio Talk Show Host, Shirley W. Mitchell, will be doing an Author Signing Tuesday, Apr. 28, 2009 from 5-7PM-CST at B&N BookSellers 1300 East Main Street Carbondale, IL 62901 (Across from the Post Office and east of the University Mall on Route 13) - Join us at the Barnes & Noble Store, meet the Lady known as "The Golden Egg of Aging™", and say "Hello" to the Barnes & Noble Staff. On Wednesday April 29, 2009, Ms. Mitchell will be appearing on TCT Television in Marion, Illinois at 11:30am, and she Hosts the Radio Show "Aging Outside the Box®" airing at 6PM-CST. Listen to the Radio Show LIVE at <http://wms.artistfirst.fastserv.com/artistfirst>.

Barnes & Noble is the nation's top bookseller brand for the fifth year in a row according to the EquiTrend® Brand Study by Harris Interactive®. They are the second-largest coffeehouse in the United States and the third largest retailer of magazines in America, carrying about 5,500 individual titles. Between our stores and our online operations, Barnes & Noble sells just over 300 million books per year and more than one million unique book titles every year. Barnes & Noble hosts more than 100,000 community events every year.

Shirley W. Mitchell of Alabama, known as "The Golden Egg of Aging™", is a National Author of 5 Books including "Fabulous after 50®" and "Sensational after 60®", and the Co-Author of 3 books - "Love Notes for Mom", "Love Notes for Dad" and "101 Great Ways To Improve Your Life". A Columnist of the "Fabulous after Fifty™" Newspaper Column in the Sand Mountain Reporter of Albertville, AL, the On-Line Syndicated Column, "Spiritual Sparks for Baby Boomers™", and Host of the Syndicated Radio Show "Aging Outside the Box®" and "Aging Outside the Box®-Christian Spiritual Sparks™". Ms. Mitchell is also a Featured Columnist-Writer for Senior Lifestyles Magazine, Senior Evangelism Partnership and Passionate for Life Magazine. She is the owner of "The Shirley System - an On-Line Presence of 15 Websites and 13 BLOGS.

For more information contact:

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For more information contact Lighthouse Coastal Productions of Fabulous after 50®

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Keywords

[Aging](#)

[Women](#)

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