

## **Dr. Carolyn Groff, Nutritionist and Chiropractor in Centennial CO, Celebrates 30 Years Of Service**

*Dr. Carolyn Groff, a nutritionist and chiropractor in Centennial, Colorado is celebrating her 30th year of service to the people of Centennial.*

July 13, 2010 (FPRC) -- CENTENNIAL, CO - Dr. Carolyn Groff, a nutritionist and chiropractor in Centennial, Colorado, is celebrating 30 continuous years of service to the people of Centennial and the surrounding areas.

In her 30 years, Dr. Groff has helped thousands of people feel better and live healthier lives. Her extensive training and experience helps her patients as she treats their injuries. The chiropractic care provided by Dr. Groff is safe, effective and personal due to the small size of her practice.

"No one should have to live with constant pain. Whether their pain is caused by a previous injury or is a chronic condition, it's my goal to help my patients take the steps toward a pain-free existence. Many of my patients are shocked at the difference chiropractic care can have on the quality of their lives. They tell me that they leave my office feeling renewed and pain-free and that's exactly what I want to hear," said Dr. Carolyn Groff.

Whether my patients need on-going treatment or just a once in a while adjustment, their well being is my top priority. I take time with each patient to make sure they receive the level of personal care that they deserve and expect."

In addition to chiropractic care, Dr. Groff provides her patients with individual nutritional counseling. Patients can receive nutritional counseling in conjunction with chiropractic care or as a stand-alone service. Dr. Groff works with each patient on an individual basis and helps them track their current dietary habits and needs in order to determine where changes, if any, need to be made. As a nutritionist in Centennial, Colorado, Dr. Groff can help patients develop healthy eating habits that can last the rest of their lives.

"I believe that everyone can benefit from both chiropractic care and nutritional counseling because these can have a big impact on everything from back and neck pain to fatigue, head aches, hormonal imbalance, weight loss, foggy thinking, digestion problems and stomach pain. There's no reason to live your life uncomfortably -- instead pay me a visit and let me show you how good a pain-free life can be," said Dr. Groff.

About Dr. Carolyn Groff:

Dr Carolyn Groff is a chiropractor and nutritionist in Centennial, Colorado. For over 30 years, Dr. Groff has been helping to improve the lives of the people of Centennial and the surrounding areas. Her patients rely on Dr. Groff for everything from relief from chronic pain to help developing healthy eating habits.

### **Contact Information**

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**Keywords**

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