

The Starving Artist's Diet, Book by Jack Lugar, Hollywood Sitcom Writer

Jack Lugar, Hollywood sitcom writer, is currently raising \$3500.00 to publish "The Starving Artist's Diet," a book that will feature around 150 pages of laughs (maybe a few tears), tips from real artists who are making it happen, whimsical food illustrations, and special guidance to avoid starving to death. Readers who indulge The Starving Artist's Diet may not lose weight overnight, yet there's a good chance you'll be laughing at your weight loss worries by the end of this book. Using Kickstarter.com Lugar is raising funds to publish his first book.

September 7, 2010 (FPRC) --

Readers who indulge "The Starving Artist's Diet" may not lose weight overnight, yet there's a good chance you'll be laughing at your weight loss worries by the end of this book. Using artist's from Oregon to New York, and many places in between, Jack Lugar uses his down-to-earth humor to highlight how real artists keep their waist line thin. This is a book that celebrates the artist, their work, and some of the crazy things done to survive. It is fun, easy to laugh along with and best of all you may find a trick or two to drop a couple unwanted pounds.

There is humor on every page, illustrations and featured artists throughout. "The Starving Artist's Diet" is sure to give you ideas on filling your bellies and creative souls.

You can now partner with Jack Lugar on "The Starving Artist's Diet" by pre-ordering a copy at Kickstarter. Kickstarter is a relevant tool to help artists of all sorts raise funding to bring their projects to completion. Recently featured in The Economist, Peter Chen, the boss of Kickstarter, commented that, "People are thrilled to be involved in the creative process and see something come to life."

Jack Lugar is currently raising \$3500.00 to publish "The Starving Artist's Diet," a book that will feature around 150 pages of laughs (maybe a few tears), tips from real artists who are making it happen, whimsical food illustrations, and special guidance to avoid starving to death. For anyone who contributes \$100 to the project they will receive the book delivered in a Starving Artist's Diet branded cereal box. Just like The Zone and South Beach Diet have their own products, so does The Starving Artist's Diet. Well, not really, but it will have a branded cereal box to poke a little fun at all those crazy diet books and their branded food that clutter our shelves.

Go to Kickstarter.com to pre-order your copy of Jack Lugar's book, "The Starving Artist's Diet." September 21st is the all or nothing deadline on "The Starving Artist's Diet" campaign at Kickstarter.com.

Elisabeth Lugar
Juberdoo Media Network
elisabethlugar@juberdoo.com
317-448-3785 direct
866-681-4585 fax
###

Contact Information

For more information contact Elisabeth Lugar of Juberdo Media Network
(<http://www.juberdo.com>)
317-448-3785

Keywords

[The Starving Artist](#)

[Kickstarter](#)

[Jack Lugar](#)

You can read this press release online [here](#)