

New Book Provides Women with 369 Things They Must Enjoy Before They Die - You Might Be Surprised

Arleana Waller has released her much anticipated girlfriend bucket list book giving women a much needed breast lift in connecting to their passion, making them stand at attention and live life in the plumper passion lane.

March 1, 2011 (FPRC) -- Life is like a box of chocolates when you take the time to find your flavor. 369 Things A Woman Must Enjoy Before She Dies is a life changing To-Do List for that 'Superwoman' who keeps forgetting to put herself on her list. More than 12 million women suffer from depression each year. However, women ages 19 to 99 are making decisions to enjoy life to its fullest; and this book is the autopilot for their personal life list. 369 Things A Woman Must Enjoy Before She Dies will influence women to catapult their lives with passion and check off as many exhilarating experiences as possible; then release, rejuvenate and rejoice.

It's simple! It's sweet! It's straight to the point! 369 Things A Woman Must Enjoy Before She Dies provides a shebang of activities. It's a breast lift to a woman's journey in finding her passion. This book takes her places she's never been before; inspiring her to do things she's only dreamed of doing.

'Waller's book is a girlfriend's treasure; she has composed a masterpiece with every kind of woman in mind.' says, Dr. Diana. 'She has provided an idea for every budget and every age. 369 Things a Woman Must Enjoy Girlfriend Bucket List is sure to rejuvenate, renew, and re-inspire women to live life on your terms without any apologies.'

Arleana Waller, a California native, is the author of 369 Things a Woman Must Do before She Dies, the official girlfriend bucket life list. She comes from a family of thirteen children, 10 girls and 3 boys, same mom and dad.

Waller's endless supply of creativity coupled with a strong vision, brilliance and drive led her to birth Rich Girl Entertainment, which has interviewed some of America's most unforgettable celebrities from NFL/NBA greats, comedians, Academy Award winners, Top 40 Artists and some of the hottest up and coming talents. But her Ultimate task is to empower women to live their lives fully on their terms without apologies.

Waller resides in Texas and California with her husband and two sons.

For more information about 369 Things A Woman Must Enjoy Before She Dies, please visit www.ArleanaWaller.com or contact Michelle Johnson at 214-403-6509.

369 Things A Woman Must Enjoy Before She Dies: ISBN 13: 978-0-9798185-1-6, includes detailed references to complete each activity with specific websites. Available in hard copy and available directly from author website at www.ArleanaWaller.com, or call at (214) 403-6509 or the publisher www.SvelteBooks.com for \$19.99 plus shipping, or soon at your favorite bookstore.

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